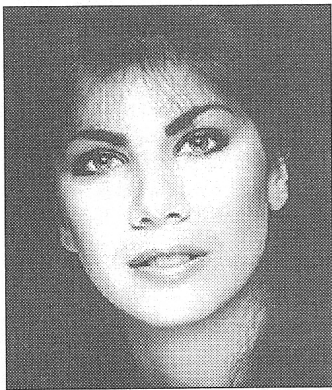


Coming to Terms with Our Human Journey

by Caroline Cory



Most of us are on a spiritual path. We are seeking; meditating, chanting, drumming and studying all sorts of modalities to help us heal or understand who we really are and what our true purpose is. "I am eager to heal my deepest fears" people tell me, "willing to reverse any suppressed negative or subconscious beliefs in order to relieve my earthly pains, manifest my dreams or simply become more enlightened." Fair enough.

As I begin my work with these loving souls, no matter the nature of their struggle, the bottom line seems to be the same: a conscious (or unconscious) desire to escape one's physical body and its limitations. Often I see in a person's energy field the struggle, confusion, resistance and anger of having to endure this physical existence. Sometimes there is serious resentment towards one's spirit family (even the Creator!) and a strong desire to revoke one's pre-natal contract.

In such cases as these, no amount of visualization, no amount of healing, and no amount of surrender will allow us to manifest our destiny or earthly desires. In fact, these sorts of sweet-but-futile attempts only seem to amplify our innermost yearning to reject,

punish, damage or destroy our physicality. If given the opportunity to return to Spirit at this very moment, most of us would take it. Why? Because we have not come to terms with our human journey.

Even as we progress, we seem to regard this earthly life with a certain sadness and even disdain, failing to fully appreciate the true sacredness of it. How, then, can we proceed with our purpose of manifesting our dreams or enlightening the human consciousness if we are not convinced of wanting to do so? It is crucial to understand that we are ambassadors of Light on this earth plane, that our physical bodies are, in truth, an embodiment of that Light. Literally! As we awaken, we must learn to love, honor and respect our bodies and the physical world. *Without reservations.* Otherwise, our affirmations to heal ourselves, our planet and our species will indeed be only a reflection of the struggles we carry within.

In order to awaken to our divinity, realize our true purpose and master the human condition, we need to start with loving our physical selves and the physicality of this earthly experience. Until we are able to do this at the deepest level, the fulfillment of our true destiny will simply remain on hold.

Caroline Cory is an internationally renowned Metaphysician and Energy Healer. **She will be at East West on July 5, 6 and 7 for a talk, workshop and private readings. Please see our events calendar for details.** Caroline teaches the process of reversing unconscious blocks and connecting with Source Energy. She is also the author of *The Visible and Invisible Worlds of GOD*; *GOD Among Us*; and *Connecting To Source*. www.omniumfoundation.com